

Training Course in Systemic Family Psychotherapy 2020 - 2022

Supervised and autonomous psychotherapist

The Institute of Family Therapy and Systemic Practice Areopagus is officially accredited by the Romanian Federation of Psychotherapy (FRP) and the Romanian College of Psychologists (CPR) by decision RF-II-TM12 of December 12, 2006 to offer training courses in systemic family psychotherapy. The institute and the trainers are affiliated members of the International Association of Family Therapy (IFTA) and the European Association of Family Therapy (EFTA). After successfully completing the first two years of training, you can obtain the certificate of free practice (psychotherapist under supervision) from the College of Psychologists as well as the right to open an individual practice. One aspect that gives us a unique position in terms of similar training is a solid component in the training process represented by attachment theory and trauma theory. This is reflected in the specializations that can be followed through our institute in emotion-centred therapy (EFT), the Circle of Security and Relational Intervention Based on Trust (TBRI).

DURATION: Each level of training lasts approximately 2 years and contains 14 modules (7 modules/academic year). The training modules are organized on weekends. In addition to the training modules, there will be a series of self-knowledge and personal development sessions in small groups.

Who can participate: The course is addressed to psychologists, social workers, doctors, theologians and specialists in related fields.

REGISTRATION

Please fill in the form:

<https://forms.gle/NhNrnjDwwok5z5bR8>

In addition, please send a CV, intend letter and copy of your bachelor's degree to email: office@areopagus.ro

Deadline for registration: October 12, 2020

Selection interview: 12-16 October 2020

The first training module: October 30-31, 2020

Location: Partly online and at our center on Calea Martirilor, 104, Timisoara; www.aift.ro.

TRAINERS SUPERVISORS

Professional commission:

Psych. Dr. Ileana Rogobete, executive director, trainer, therapist and EFT, ICEEFT Ottawa certified supervisor

Prof. Dr. Ileana Ungureanu, trainer, supervisor

Psych. Dr. Simona Herb, trainer, supervisor, EFT, ICEEFT Ottawa certified supervisor

Psych. Veronica Cebuc, trainer, supervisor

Psych. Dr. Andreea Ionescu, psychotherapist

Psych. Karina Velescu, psychotherapist

Psych. Flori Zilahi, psychotherapist

Psych. Alexandra Popovici, psychotherapist

International collaborators

Dr. Camelia Măianu, Circle of Security trainer, Circle of Security International

Dr. Julia Beaty, TBRI trainer, South Carolina University

Dr. Stephen Coulter, Queen's University Belfast, Ireland

Dr. Rebecca Jorgensen, EFT trainer, San Diego Center for Emotionally Focused Therapy
Dr. David Keith, SUNY Upstate Medical University
Dr. Judith Kellner, New York University
Dr. Lorrie Brubaker, director, Carolina Center for Emotionally Focused Therapy
Dr. Peter Rober, Leuven University, Belgium
Dr. Hugo Ruymbeke, psychiatrist, St. Nikolaas, Antwerp, Belgium
Dr. Jaakko Seikkula, University of Jyväskylä, Finland

The advantages of this course

- Dynamic, interactive course, focused on concrete practice with real cases, video recordings, development of practical skills
- The possibility of clinical practice and interaction with real cases in the social projects of the center
- Possibility to specialize in emotion-centered therapy with international accreditation (Center of Excellence in Emotion-Centered Therapy - ICEEFT Ottawa). Being in partnership with EFT Romania, our students benefit from course fee reductions.
- Specialization in the Circle of Safety and Relational Intervention Based on Trust (TBRI)
- Our institute offers the possibility to complete studies in psychology for specialists in fields other than psychology
- The training setting is equipped with therapy rooms, conference room, supervision room with unidirectional mirror
- Access to the center's library with over 45,000 volumes

The training program is designed according to the European criteria for selection, training and evaluation in systemic family psychotherapy established by EFTA, FRP / EAP and CPR. Thus, the work topic will include the following topics:

- The basic components of the training process from a systemic perspective
- The specifics of systemic family therapy and conceptual roots
- Development of the therapeutic alliance in the therapeutic process
- Assessment of family dynamics, exploration of resources and elaboration of specific interventions and therapeutic steps
- Studying basic models and concepts in systemic family psychotherapy
- Practical application of theories and interventions in specific clinical cases: conflicting relationships in couples and families, behavioral and eating disorders of children and adolescents, addictions and substance abuse, anxiety, depression and other psychiatric disorders, trauma, loss, mourning, divorce, violence, physical and emotional abuse.
- Self-knowledge and personal development
- Supervision and interviewing in small groups
- Clinical practice with real cases in individual, couple, family or group therapy
- Practical work, interviews with families, evaluation of dysfunctional patterns in the family
- The personal clinical portfolio that defines the trajectory of personal and professional development over the two years. It can include theoretical and practical notions, personal reflections, syntheses of bibliographic materials, case studies, examples from personal clinical activity, papers presented at symposia, conferences.